

2017 Ungaluk Funded Community Projects

Project title
Training and Activities for Men's in Salluit
Community
Salluit
Project Manager
Noah Tayara
Name of institution/organization
Qaqqalik Landholding Corporation
Project summary
<p>A wood work shop was built in the summer of 2016 in Salluit and it will be available to be used in the community. The project includes hiring men through Kakivak Men's Association to create training and activities for men in Salluit. This will include Qamutik/box making, building cabins for homeless/campers, nitsiq (hooks), naulak and shelves, etc.</p> <p>Various activities with proper scheduling will help promote cultural heritage and it will also keep our youth active and away from substance abuse and social problems.</p> <p>Qaqqalik Landholding Corporation and Kakivak Men's Association will be responsible for running the project, Ittuvik Saviadjuk. Qayak Network will also be involved in supervision and in recruiting participants.</p>

Project title
Summer Camp on the land Salluit
Community
Salluit
Project Manager
Cyril Gabreau
Name of institution/organization
Northern Village of Salluit
Project summary
<p>The project provides children and youth from age 10-18 an opportunity of camping with families. The majority do not get opportunities to go on the land due to being abandoned or lack of transportation. Each week 56 participants will be taken; one family will be responsible for 2 kids at their camp and will have a chance to pass their knowledge to youth.</p> <p>This project will help educate a better way of life to youth - they will have curfew during their stay, be taught traditional ways of living and survival on the land, which will include, hunting and fishing, preserving food, skinning and cleaning skins, preparing food and cooking, storytelling, Inuit culture and language and they will gain a better understanding of the effects of substance abuse. At the end of the Summer Camp there will be a get-together with the parents and participants. Speakers will explain how we can make a difference in making improvements at home and in the community, the effects of bullying and substance abuse, better ways of interacting with family and the importance of respecting curfews.</p>

Project title
Family House Salluit Iqivvik
Community
Salluit
Project Manager
Cyril Gabreau
Name of institution/organization
Family House Salluit Iqivvik
Project summary
<p>The family house is a new organization in Salluit. This organization is inspired by other family houses in other communities. It is called Iqivvik. Iqivvik will address multiple social issues in the village. Iqivvik is a place where children, families, and caregivers work together to enhance strengths, to build capacities, and to promote healthy development. A cultural approach will be used.</p> <p>Some of the services offered include: Promoting reintegration, Preventing violence or crime, building Parental Skills, Suicide Prevention, Addiction Management and support, strengthening the community, Promoting a healthy life style and developing empowerment skills.</p>

Project title
Piqatigiit
Community
Salluit
Project Manager
Lizzie Sakiagak Tayara
Name of institution/organization
Northern Village of Salluit
Project summary
<p>In the past years we have seen a lot of youth going through difficulties in their lives, using substance abuse, staying out late, dropping out of school, unhealthy eating habits, early pregnancy and suicide.</p> <p>This project would take place during the evening for 6 weeks. The goal is to reach out to youth and provide traditional skills and to gain self-esteem. The first group will be from age of 16 to 20. An experienced throat singer will provide training skills to our local youth. The second group will be from 11-15 years old.</p> <p>The main reason for throat singing is because a lot of youth are interested in this, it is a great way to attract and get participants, but the main goal is to educate youth at risk of suicide, provide awareness on: early pregnancy, substance abuse, low self-esteem, unhealthy habits and the consequences of dropping out of school. Each week, participants will have a different workshop and activities, although throat singing will be taught each night. Local maternity staff workers will be involved in providing workshops on the risk of early pregnancy. Other invited speakers will include social services, wellness coordinator and an elder regarding suicide prevention and how to seek help when one is at risk or even how to help a friend, staying healthy in life and healthy cooking. The throat singing workshop will include storytelling and the meaning of songs and it can help regain our culture. The plan is to have the Instructor in town for 2 weeks and work with our participants 3 hours every evening. The instructor would also visit culture classes in school for 4 hours each day to spend and to give lessons to other students who might not have a chance to participate.</p>

Project title
Long Live the Seniors 2017
Community
Salluit
Project Manager
Noah Tayara
Name of institution/organization
Qaqqalik Landholding Corporation
Project summary
<p>This project aims to provide the senior members of the population of Salluit to take part in an excursion on the land. Elders will be cared for by 11 guides, and 2 to 3 individuals at risk will be selected by Kutsanangituk Justice Committee to be part of the helpers and also to provide the chance to interact with the Elders to further strengthen the bond with their traditional culture.</p> <p>As part of the project, there will be activities on the land such as fishing at Pangaligiaq Lake, teaching the youth how to preserve food - caribou meat, geese and fish. This food will be shared with people the community.</p>

Project title
Inuk Shout Out
Community
Kangijsujuaq
Project Manager
Aurelie Heurtebize
Name of institution/organization
Northern Village of Kangijsujuaq
Project summary
<p>The project proposal is to have children identify an issue they want to highlight (for example: suicide prevention, self-identity “who am I?” healthy relationship, anti-bullying, etc.) and they will create movies about those issues in an educational and preventive way. It is very important that the young people taking part in the project also have the opportunity to talk about positive aspects of their lives (culture, hobbies). A positive self-image as well as a resilient personality helps youth get through the challenging moments of their lives.</p> <p>The school, social services, and wellness workers will be able to use those videos in campaigns, workshops, and awareness events.</p> <p>The videos will be projected to people having those issues.</p> <p>The target group will be young people between the ages of 8 and 20.</p>

Project title
Vicarious Trauma for Frontline Workers
Community
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution/organization
Northern Village of Kangiqsujuaq
Project summary
<p>Many Frontline workers in the community, such as those working in the area of firefighting, first responders, social justice, social services and policing etc. can be at risk of experiencing second hand trauma. Second hand trauma or compassion fatigue is defined as “being exposed to another’s traumatic material has the potential of producing stress in the caregiver” (Secondary Stress, Hudnall Stamm). The goal of the workshop is to help participants identify symptoms of compassion fatigue which may include anger, sadness, prolonged grief and anxiety. Related behaviours can include increased consumption of alcohol and drugs, missed work, tardiness, lack of motivation, relationship problems and suicidal thoughts etc. During the workshop, participants will be taught self-care strategies.</p> <p>Frontline workers are often dealing with very serious cases of violence, injury and trauma. They themselves can be at risk of substance abuse, mental health and relationship issues. These factors may contribute to individuals resigning from their positions as essentials service workers. These skilled community members are often well trained but lack the emotional wellness support required to deal with the trauma which they witness on a regular basis.</p> <p>Dennis Windego will provide the training.</p>

Project title
Mental Health First Aid Training
Community
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution/organization
Northern Village of Kangiqsujuaq
Project summary
<p>Mental health problems cause major changes in a person’s thinking, emotional state and behavior. It also disrupts the person’s ability to work and carry on their usual personal relationships.</p> <p>Mental Health First Aid Training course will provide assistance to any individuals developing a mental health problem or are in a mental health crisis. The course is for adults who interact with youth - educators, Youth House employees, Wellness workers, first responders, police and other interested individuals.</p> <p>The participants will not be supervised while offering support and will not have a chance to do real cases while the trainer is present. There will be case simulations and role playing during the training. Those being trained will be taught how to stabilize and assist that person until professional help is given.</p>

Project title
Kangiqsujuaq Summer Camp
Community
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution/organization
Northern Village of Kangiqsujuaq
Project summary
<p>The Kangirsujuaq Summer Camp 2017 will address the issue of bored and unsupervised school-age children in the community resorting to anti-social behavior, such as vandalism and substance abuse, during their school summer vacation. The Summer Camp consists of 2 modules – outdoor and indoor community activities and a traditional on the land camp. The traditional camp will take place at site 15km from the community. The site is accessible even in bad weather. The town activities would include instruction from a certified kayak instructor and mountain bike instructor. Peter Irniq would be used for suicide prevention and teaching traditional knowledge at the camp. While attending the traditional camp, all school children are housed in tents with elders or educator supervisors.</p> <p>The goal of the Summer Camp 2017 is to provide school age children with supervised, active, healthy and safe activities during their school summer vacation. Keeping children occupied with outdoor and indoor activities reduces the risk of them resorting to criminal or anti-social behavior. It incorporates sessions on healthy lifestyle choices, drug and alcohol abuse, bullying, suicide prevention, religion, the importance of education, respect for parents and elders, and traditional activities.</p>

Project title
Arena Manager
Community
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution/organization
Northern Village of Kangiqsujuaq
Project summary
<p>The Arena Manager is responsible for the arena management and all activities that take place within the building. With the assistance of the municipal Recreation Coordinator, the Arena Manager plans the hockey schedule for the upcoming season. They are also responsible for evaluating what maintenance is required for the building, Zamboni and other arena equipment. Other duties include supervising the rental hockey equipment's and the arena canteen. During any period that the arena is closed, the manager assists the municipal Recreation Coordinator in planning and organizing alternative activities. The project would provide a supervised, safe, drug and alcohol free environment for recreational activities.</p> <p>The position of Arena Manager creates a supervised, drug and alcohol free environment for recreational activities. These activities are recognised as being a healthy for bored children, youth and adults who might otherwise cause problems in the community. Sporting activities are also considered to be extremely helpful in encouraging youth to make healthy lifestyle choices.</p> <p>The Arena Manager works closely with the municipal Recreation Coordinator in creating a schedule for arena sporting activities and events. The schedule and announcements of events is frequently broadcast on the local FM station and by notices posted in the community.</p>

Project title
Core Agent
Community
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution/organization
Northern Village of Kangiqsujuaq
Project summary
<p>The Core Agent position addresses the problems created by cultural disruption, trauma, drug and alcohol abuse and the lack of meaningful cultural activities. The Core Agent submits proposals to various funding organizations that address crime prevention and social issues. The position sits under the direction of the Kangirsujuq Wellness Committee, Community Wellness Nurse and the Municipal Council. The duties include writing proposals, activity reports and verifying the financial reports of the workshops and projects. The Agent ensures regular communication between the Municipal Council, Wellness Committee and Community Wellness nurse and other stakeholders in the areas of community health and wellness projects. The Core Agent is also involved in the on-going projects of establishing a “safe house”, Wellness Centre and Cultural Centre in the community.</p> <p>By coordinating the delivery of programming that includes the areas of mental health, healing for victims of sexual abuse, vicarious trauma, addictions awareness, social justice FASD prevention and violence reduction etc., the position contributes to reducing crime in the community.</p>

Project title
Summer Camp on the Land Ivujivik
Community
Ivujivik
Project Manager
Cyril Gabreau
Name of institution/organization
Northern Village of Ivujivik
Project summary
The summer camp gives the opportunity to kids and teenager to learn traditional ways - Hunting, fishing, drying fish, tuktuk or beluga, netting basket and survival skills on the land. Youth will learn about the consequences of drugs and gas sniffing.

Project title
Winter Hunt 2017
Community
Akulivik
Project Manager
Eliyassie Aullaluk
Name of institution/organization
Northern Village of Akulivik
Project summary
The project focuses on traditional hunting and survival skills. Any food will be distributed to the community. The target group will be individuals aged 16 to 40 whom are not attending school or unemployed. The goal is to develop confidence by learning their traditional knowledge and most importantly to prevent them from committing any wrong doing.

Project title
Aku-Café Performance and Workshop evenings
Community
Akulivik
Project Manager
Stephen D'Angella
Name of institution/organization
Tukisiniarvik School of Akulivik
Project summary
<p>The project aims to help students acquire job skills and confidence that will be applicable to future job opportunities. The students of the PBP program will work on transforming their building into a café and artistic venue in which performances and workshop can be held. The Aku-Cafe will be a positive environment where artistic talent will be shared with the community. It will be a place where teens can hang-out and be inspired. An increase in productive and constructive behaviors will lead to lower dropout rates amongst at risk youth.</p> <p>The youth will learn manual skills such as woodwork, painting, healthy cooking, and leather work in order to create a café. They will also learn entrepreneurial skills in order to effectively run the café. Students will also learn artistic skills in the program that they will be able to showcase during Aku-Café evenings. Performers within the community will also be invited at the café.</p> <p>Items that will be available prepared by the student include; smoothies, coffee/tea, pizza, homemade baked goods and fresh orange juice. Performances include; music, poetry, theatre, dancing, storytelling, comedy. Workshops include; Guitar lessons, leather work, healthy cooking classes. Artistic skills that students will work on include; Photography, filming and video editing, music such as guitar playing and singing.</p>

Project title
In School Peer Mediation
Community
Akulivik
Project Manager
Heather Hudson
Name of institution/organization
Tukisiniarvik School of Akulivik
Project summary
<p>The purpose of the project is to decrease crime and vandalism within the community, and to create positive relationships between children, youth, and community members through conflict resolution. The project manager will collaborate with various community workers (Example: Police, youth protection, Youth Centre etc.) to give a workshop on bullying in three sections; 1. Able to recognize bullying, 2. Show basic mentoring skills, 3. Teambuilding, and to work with various groups from kindergarten to Grade 3. This will allow for active involvement from the community members to assist and support the peer mediation process. Upon completion of an action plan for the community workers' involvement, students will receive training in peer mediation.</p> <p>The initial phase of this project is to decrease crime, vandalism and bullying amongst the youth of the community.</p> <p>Currently the Kativik School Board is involved with PBIS (Positive behavioral Intervention and supports), Part of this is tracking of behaviors including crime, vandalism and bullying etc. Through an electronic system, upon the implementation of this project, we will be able to track the results.</p>

Project title
Ayagutaq Elders Home
Community
Inukjuak
Project Manager
Elaiyasie Nowkawalk
Name of institution/organization
Ayagutaq Elder's Home of Inukjuak
Project summary
<p>The Ayagutaq Elders Home of Inukjuak is a non-profit organization that was incorporated in 2010. Its main purpose is to provide a safe home for elders in Inukjuak. The elders home will be able to host a maximum of 16 elders. There will be 4 double studios with private bathroom and 4 2-bedroom apartments with one bathroom each. The center space of the building will be occupied by large common areas (kitchen, dining room, living room) where people who wish to socialize can enjoy a great environment outside their private bedroom. The common area, located in front of the entrance, will also host an "activity room" where activities such as bingos, sewing, discussions will be held. Also, any other elders from Inukjuak will be more than welcome to join in any activities, providing them a safe and pleasant place to go during daytime.</p>

Project title
Unaaq Men's Association
Community
Inukjuaq
Project Manager
Tommy Palliser
Name of institution/organization
Unaaq Men's Association
Project summary
<p>Unaaq Men's Association was created to support youth and particularly young men of the community, by working with elders, hunters, and other specialists to develop traditional skills and other areas. The association actively promotes Inuit culture within the community by coordinating various sorts of traditional activities that keep the youth and young men traditionally active in the community. Some of the young men have committed crimes, attempted suicide and face other social dilemmas which we try to address by providing a support group of older men and elders as well as other specialists (adventure endurance activities). Unaaq tries to develop modern and traditional activities that instil pride and integrity in our youth and young men. By creating this foundation (tunngavik) for the youth, and young and old men, it empowers them to work on their issues with the support of one another. Unaaq also works with the Federal Parole Officer and the Provincial Parole Officers to provide a local resource for the young men to seek community support.</p>

Project title
Arena Animators 2017
Community
Inukjuaq
Project Manager
Jobie Kasudluak
Name of institution/organization
Northern Village of Inukjuaq
Project summary
This project is about supporting the staff throughout the year that run the arena in Inukjuaq during hockey season.

Project title
Ajapirvik Women's Shelter
Community
Inukjuaq
Project Manager
Villisi Nalukturuk
Name of institution/organization
Ajapirvik Women's Shelter
Project summary
<p>Ajapirvik Women's Shelter in Inukjuak is a safe place for women to come alone or with their children when they need emergency shelter. The shelter receives women with referral from Social Services, KRPF, or locally by self-referral. Women come from all Hudson Coast communities as well as Salluit, and occasionally Kangirsujuaq. Elderly women from Inukjuak occasionally take respite at the shelter, giving themselves and their families a break from demanding living situations. Clients of the shelter are victims of different types of abuse and violence: physical, sexual, physiological, often verbal, and sometimes financial. Women come to protect themselves and their children from physical or sexual abuse, from household situations involving alcohol and substance use, and to get relief. The shelter is open 24 hours a day, 365 days a year. It employs 10-15 full-time, part-time and relief workers. Since opening its doors in 2010, the shelter has averaged 1,000 nights of accommodations each year for women and their children.</p> <p>This request will help maintain shelter operations, including staff salaries; and to increase funding for women's programs: programs that strengthen individual support and counselling for clients of the shelter, especially those who are repeat visitors; and community programs that involve women who might not be clients of the shelter, but who will benefit from group activities focusing on substance abuse, parenting and other issues.</p>

Project title
Nunavik Hockey School
Community
Inukjuaq
Project Managers
Stephane Paquet and Paulusie Kasudluak
Name of institution/organization
Northern Village of Inukjuaq
Project summary
<p>This would be the seventh year for the Nunavik Hockey School in Inukjuak providing a hockey program for 180 youth aged 5-18. It runs for three weeks. The first week is going to be a workshop for all employees (boys and girls between 18 and 25 years old) to know what is going to be their job and how they can be good leaders in the community. One of the hockey trainers (Véronique Ouimet) is doing her Masters at McGill University. She will run a workshop with all the Inuit trainers and for all the community to help them to be better leaders in their community, in their family, in their group of friends and in their future jobs. Stéphane Paquet (University degree in Sport Coaching, and 5 years as the regional coordinator of NYHDP) will do some workshops about team spirit, off-ice training and why using drugs and alcohol, and eating junk food is bad for your body. They will also invite a social worker to meet the youth, trainers and parents to teach them how to react in difficult situations such as a fight, violence abuse, sexual abuse, and drug abuse.</p> <p>The youth are also planning a cultural trip by kayak in partnership with Unaaq Men's Association during the first week.</p>

Project title
Heritage Men 2017
Community
Puvirnitug
Project Manager
Akinisie Sivuaraapik
Name of institution/organization
Northern Village of Puvirnitug
Project summary
This project focuses on passing on traditional skills to the youth aged 15 to 30 years old. The purpose of the project is to facilitate skill development in order to improve quality of life and respect for the environment. Participants will learn different skills such as hunting, fishing, navigating, and safety protocols. In addition, participants will be taught how to respect nature.

Project title
Inukshuk Camp
Community
Puvirnituk
Project Manager
Simon Novalinga
Name of institution/organization
Northern Village of Puvirnituk
Project summary
The Inukshuk Youth Camp offers structured activities, learning, positive role models, and healthy outdoor living for otherwise unoccupied youth. The camp supports 45 youth aged 6-20. It is run by local instructors teaching traditional and modern survival techniques on the land and on the water. The camp is hosted in partnership between the municipality, church and the police, with logistical support from other community groups.

Project title
Sewing Center
Community
Puvirnitug
Project Manager
Mina Beaulne
Name of institution/organization
Northern Village of Puvirnitug
Project summary
This project first started in March 2016. This project will target 40 young mothers. These mothers often need a place to go and to be away from home for a bit. Most of the women involved in this project are working mothers with many children. This second year, we will include young men in this project to provide skins and other essential stuffs for sewing. During every gathering, we always try and make sure that they are subjects to talk such as parenting today and parenting ways in the past.

Project title
Summer Camp
Community
Puvirnitug
Project Managers
Carole Beaulne and Caroline Napartuk
Name of institution/organization
Northern Village of Puvirnitug
Project summary
<p>The summer camp has existed for 17 years. The camp brings youth and young adults out on the land between Puvirnitug and Inukjuak with a minimum of 45 participants (11-30 year olds) per week for 3 weeks. The summer camp has a family atmosphere, and there are traditional/cultural activities such as hunting, fishing and processing food so to teach survival skills in modern and traditional ways.</p>

Project title
Puvirnitug Recreation Activities
Community
Puvirnitug
Project Manager
Bruno Hamel
Name of institution/organization
Northern Village of Puvirnitug
Project summary
The project focuses on hiring 3 young animators for the community gymnasium and for the arena of Puvirnitug.

Project title
Puvirnituk Qajaq Project 2017
Community
Puvirnituk
Project Manager
Alain Cloutier
Name of institution/organization
Iguarsivik School
Project summary
<p>The PUV Qajaq Project focuses on encouraging at-risk youth to turn their life around in a very positive way. Participants develop self-confidence and healthy habits through involvement in a traditional activity instead of turning towards drugs, alcohol and/or dropping out of school for lack of motivation or better options. The organization recruits youth (aged between 13 & 18) with either learning and/or behavioral difficulties, emotional, social and/or familial problems resulting in academic delays.</p> <p>The main goal and objectives of the project are through the Qajaq camp: provide youth with a viable alternative, favour school retention & reintegration, nurture a sense of belonging and by extension to the community at large, foster success in a culturally relevant hands-on project, impart valuable skills and pro-social behaviors through concerted team work, improve identification to positive roles and successful endeavors, increase confidence in their worth and abilities, and empower participants to make good healthy lifestyle choices.</p>

Project title
Public Sewing Center 2017
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>The sewing center engages in a series of projects throughout the year. It aims to provide safe, enriching place for those who may be struggling in life, who may be victims or possibly at risk. At the Center, many generations come together, and share information and knowledge. Through traditional sewing, the Center reaches out to those who may suffer from depression, stress, anxiety, and isolation.</p>

Project title
Recreation Activities
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>This project It will help the continuation of the employment for 3 local Recreation Coordinators, and up to 10 young student recreation animators, to make sure recreation is made available in the community. This project will help support all the activities, events, clean-ups, projects, gatherings, facilities clean-ups, talent shows, the operation of the swimming pool, the operation of camp, Kuujjuaq fitness challenge, monitoring student animators, hockey tournament, maintaining and construction of the playgrounds in the community, skate park, outdoor rink, baseball field, field trips, group biking, the community kitchen and many more.</p>

Project title
Kuujjuaq Minor Hockey Association
Community
Kuujjuaq
Project Manager
Jennifer Matchet Tasse
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
Kuujjuaq Minor Hockey Association is a non-profit committee that is promoting the values of fair play, sportsmanship, and inclusiveness. The committee is determined to try to reach as many youth as possible (220 youth aged 5-20 year olds) to be involved in activities in the community through healthy lifestyles and positive life choices. It was decided that the 2016-2017 season would have an additional focus where we would try to get more youth involved in different aspects of the program and they do not have to play hockey but could still be part of a positive program in the community.

Project title
Homeless Shelter 2017
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>The shelter will help the community target Homelessness, Poverty, Violence, Abuse, Mental illnesses, addictions, Trauma, Theft and many more issues in our community. Causes: Overdue debts, over-crowded dwellings, evictions, substance abuse, alcohol abuse, criminal records, moved from another town, disabilities. Target Groups: People at risk due to dwelling situations, the homeless, victims of abuse or violence. The homeless shelter has been open during the winter months for 2 years now, this would be the third year. It has continued because there is a great need for it especially during the winter. The shelter is used by people in the community who may not have a place to stay during the night. It is a safe place for those in need to go, have a healthy hearty meal, sleep in a warm bed while contributing by doing building chores, cleaning the room they used for the night clean and then leaving for the day. The shelter also helps those looking for jobs, getting into trainings, workshops and or courses. Shelter workers are always there to link any users to resources they are in need of. The shelter is strictly for sober clients, no intoxicated individuals will have access to the shelter.</p>

Project title
Kuujjuaq Daily Summer Camp 2017
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>During the summer months, the day camp provides care for children between the ages of 5 and 12 years of age, and providing the service for up to 65-70 children in the community. The participants get to enjoy many activities such as swimming at the pool, country food, going on treasure hunts, field trips on mountains and to the beach, sports, arts and crafts, taking photos to create a slideshow, games, picnics, visit to the elders' home, visit to the fire department, and many more.</p> <p>This project also provides work experience for our youth by hiring them as animators, and they gain many qualities during the summer, from punctuality, reliability, the importance of respecting coworkers, problem resolving skills, to learning to deal with situations in an appropriate manner. This project also provides the opportunities of training and courses such as First Aid & CPR, Animation and activity planning for the youth that are hired.</p>

Project title
Kuujjuaq Youth Camp 2017- Old Fort Chimo 2017
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>Every summer, from the months of June to August, the Kuujjuaq Youth Camp is opened for weekly sessions over the period of 7 weeks, for children and youth aged 7 to 12 years. This Camp creates summer jobs for students who will return to school, and provides a fun experience for all participants, encourages and teaches traditional and cultural skills, and promotes anti-bullying amongst children and youth. This camp was implemented to give the opportunity to go camping across the river, called Old Fort Chimo. The youth stay there for 5 days, from Thursday to Tuesday each week. The 4 students who are hired to be monitors, 2 female and 2 male, are in charge of monitoring the children at all times during each week at youth camp, and they learn and gain skills such as wilderness safety, first aid and CPR, Daily Planning, Activity Organizing, and accident reporting, and many other things.</p>

Project title
Traditional skills
Community
Kuujjuaq
Project Manager
Jessica Tooma
Name of institution/organization
Northern Village of Kuujjuaq
Project Summary
<p>The Survival Skills Program targets 80 (11-30 years old) youth at risk, drop-outs and young offenders to help them develop into productive adults through the medium of Traditional pursuits. The idea is that proper social and leadership skills would be instilled in our youth while they participate in hunting, fishing, or trapping activities. The program is to improve youth cultural identity, self-esteem and confidence through immersion in traditional activities. The Heritage Program training plan consists of 3 parts: Survival Skills training, traditional Skills training and general activities, helping community and elders. Survival Skills training includes trip preparation, navigation, dangerous area recognition, camp set-up, care-maintenance-repair of equipment and gear. In traditional Skills training, they learned hunting, trapping, fishing, preparation and handling of their catch and also helping elders and the community. The participants take some food home to the elders, widows, to those who do not hunt, and to their families. The participant also assist in harvesting for community feasts, and stock-up survival shelters with firewood.</p>

Project title
Summer Camp in Tasiujaq 2017
Community
Tasiujaq
Project Manager
Mary Cain
Name of institution/organization
Northern Village of Tasiujaq
Project Summary
At the camp, the youth are taught traditional ways of life through hunting. They learn how to prepare and cook the animal they caught, how to prepare dried fish, and are introduced to traditional Inuit and modern games.

Project title
Aulatsivik Youth Summer camp
Community
Kangirsuk
Project Manager
Etua Kauki
Name of institution/organization
Northern Village of Kangirsuk
Project Summary
The youth camp is very important for our community and for our children. It brings 45 youth (6-20 years old) to the camp area for 6 weeks to learn traditional ways. When school is closed, we see more kids roaming around the community and staying out late therefore they end up being at-risk of vandalism, sniffing, and break in entry. Youth rely on the summer camp to keep them busy and to stay out of trouble.

Project title
Traditional couples counselling
Community
Aupaluk
Project Manager
Janice Grey
Name of institution/organization
Northern Village of Aupaluk
Project Summary
<p>The project focuses on bringing two elders to Aupaluk to give traditional couples counselling to 28 married, engaged or common law couples. There are a lot of unreported incidences of spousal abuse in the community and community members would like to mitigate the effects of this type of behaviour on the young people and victims of abuse. The project aims to teach parents traditional ways of conflict resolution in order to create a healthier environment for their children, which will have a positive ripple effect for the whole community. The target group is adult couples in the community.</p>

Project title
Aupaluk Gym Animators
Community
Aupaluk
Project Manager
Adam Gardner
Name of institution/organization
Northern Village of Aupaluk
Project Summary
<p>The new Tarsakallak school is in the process of re-opening after a fire which destroyed the previous school in March 2014. The municipality has an agreement with the school to use the double gym as a community space when not in use by the school. Therefore it will be used as the community gathering place during holidays, feasts and other special occasions. This project focuses on opening the gym and the workout/fitness centre for public use from 4 pm - 10 pm on weekdays and Saturdays. The idea is to have structured and supervised activities for various age groups throughout the evenings. These spaces will provide: places to gather and participate in healthy activities, stress relief, alternatives to staying home (stressful environments, non-active entertainment), and social alternatives to drinking and taking drugs.</p>