

Project title
Healing Centre Operations
Community (list communities) or regional project
Regional
Project Manager
Pitsulala Lyta
Name of institution / organization
Aaqitauvik Healing Centre
Project summary
<p>Since 2008 Aaqitauvik Healing Centre (AHC) has provided program development and delivery on culturally specific mental wellness and healing initiatives to reduce the risk of criminal offenses and the continuation of family breakdown due to past and present trauma and addictions through seminars, workshops and one to one and group healing and counseling sessions to all Nunavik communities; and to federal and provincial detention and correctional centers in Quebec where Inuit are incarcerated to address offenders past and present criminal behavior by examining and dealing with their current mental health. AHC is a regional registered non-profit organization that is also recognized on the national level. AHC is comprised of one staff, board of directors (all Inuit) who are experienced counselors and mentors that facilitate the healing sessions at the headquarters in Quaqtaq and in provincial and federal penal institutions as well as Nunavik communities when invited.</p>

Project title

Makigiarniq Empowerment Prison outreach
Community (list communities) or regional project
Regional
Project Manager
Pitsulala Lyta
Name of institution / organization
Aaqitauvik Healing Centre
Project summary
The Aaqitauvik Healing Centre's outreach staff will provide one-on-one counseling and group healing sessions to offenders who are incarcerated in five correctional facilities to address issues they face as a result of the ongoing legacies of abuse, trauma, addictions and their criminal behaviors. AHC aims to also develop a comprehensive training manual and tool kit that will be used by offenders as a guide to understanding their past and present trauma and criminality and as a tool to gain self awareness and respect. Each prisoner who shows interest in the service of the AHC counselor will be provided with one on one counseling as well as group therapy. The counselors will travel to each correctional facility to conduct the sessions. The counselors will provide a certificate of attendance during the healing sessions and develop a healing plan with the offenders to continue the momentum of what they started.

Project title
Empowering Nunavik Communities
Community (list communities) or regional project
Regional

Project Manager
Bobby Deer
Name of institution / organization
Aaqitauvik Healing Centre
Project summary
<p>Aaqitauvik Healing Centre will conduct community outreach healing sessions in seven communities to promote healing by addressing physical violence and abuse, sexual abuse, mental and emotional abuse, family violence, drug and alcohol abuse, effects of residential school trauma, dog slaughter trauma and institutionalized trauma. The workshops will be interactive and participants are encouraged to play an active role in determining their plan of exit from a life of abuse, criminality, trauma and addictions. Counselors assist the participants through the process of defragmenting their negative mind set by attending scheduled programming throughout the day.</p> <p>The healing sessions are conducted in a classroom type space where participants are led by a group of facilitators who are experienced counselors with the aim of identifying their strengths to overcome their negative thinking patterns. There will also be a separate room to conduct one on one counseling sessions. Participants are divided to an adult and youth group. Men and women are provided opportunities to speak in an open environment with their peers through gender specific group activities.</p>

Project title
Nunavik Theater Company Tour and Training
Community (list communities) or regional project
Regional
Project Manager
Sylvie Côté Chew and Pauyungie Nutaraaluk
Name of institution / organization

Avataq Cultural Institute
Project summary
<p>The Nunavik Theater Company was put forward by the Inuktituurniup Saturtaugasuarninga project. It has emerged as a vehicle of choice for reaching the youth and recreating an essential mode of expression of Inuit heritage and language. Following the creation of the play Kaujjajuk and its representation on three occasions, and since the professional training session that was organized in February 2014, this project is the next step and includes:</p> <ol style="list-style-type: none"> 1) A session in Montreal where the play Kaujjajuk will be recorded as Radio Theater, and a new creation will be done on the theme of Drug and alcohol prevention. 2) Kaujjajuk, the play, will be presented in in three communities, at which time animation workshops will be given to the school and/or Youth House. 3) Animation workshops will be provided in two schools.

Project title
Good-Touch/ Bad-Touch (Child Sexual Abuse Prevention Project)
Community (list communities) or regional project
Regional
Project Manager
Zoé Désilets
Name of institution / organization
Nunavik Regional Board of Health and Social Services
Project summary
<p>Good Touch/Bad Touch (GTBT) is a comprehensive project based on a multi-faced approach (school-based, community-based and service-based) aiming at preventing child sexual abuse and reducing its impacts on the Nunavik population. GTBT is offers various activities that are specifically developed and adapted to 3 target groups and generally provided on a 2-week period in</p>

each visited community. The activities help to create safe environments and promote discussions between adults and children to prevent, address and solve the problems of violence in communities. According to the preliminary evaluation of the project and recommendations of the Regional Working Committee on Sexual Abuse Prevention, GTBT has been proven the most adequate and effective project available to address the problem of sexual abuse in the region.

Project title
Crime Prevention, Homeless Inuit & Social Reinsertion
Community (list communities) or regional project
Regional
Project Manager
François Dorval
Name of institution / organization
Makivik Corporation
Project summary
The main objective of the project is to help the Inuit in difficulty in Montreal and to maximize resources to alleviate risk factors related to poverty and exclusions. The project involves a partnership between Makivik and five Montreal-based partners (Chez Doris, Projets Autochtones du Québec, Open Door, St-Michaels Mission/Société Développement Social de Ville Marie and the Native Friendship Centre of Montreal). The services provided in the five organisations are culturally sensitive to Inuit issues and provide help on several of the risk factors of crime: low self-esteem; substance abuse; mental illness, unemployment; negative attitudes; anti-social behaviours, family

distress, violence and homelessness. The goal for the next two years is the consolidation of the first level of services which include access to food (including seal meat), emergency food baskets, access to clothing, access to medical services, replacement of ID cards, agency referrals, accompaniment to appointments, and to address gaining stability and reinsertion issues for Inuit coming out of detention facilities.

Project title
Alcohol and/or Drug Treatment Center
Community (list communities) or regional project
Regional
Project Manager
Mae Sarah Saunders
Name of institution / organization
Isuarsivik (Alcohol and/or Drug Treatment Center)
Project summary
<p>Isuarsivik has been in existence since February 1995. It is 9-bed treatment center located in Kuujjuaq, and offers a 42-day in-patient treatment program for alcohol and drug addictions that assists clients in learning how to use Inuit culture, values and spirituality as major tools to maintain sobriety. Program components include individual and group counseling sessions, individualized treatment plans based on client goals, education on addiction and elated behaviors, healing from unresolved trauma and grief, and spiritual and cultural awareness.</p> <p>The program is based on using traditional values in partnership with modern accepted treatment models reflecting mental, physical, spiritual and emotional well-being.</p>

Project title
Justice Committee
Community (list communities) or regional project
Regional
Project Manager
Lyne St-Louis
Name of institution / organization
Makivik Corporation
Project summary
<p>The justice committees of Nunavik are established in 10 communities and are the only justice interveners in Nunavik that work with all parties of a criminal situation or conflict: victims, offenders and families. The committees work with people at various levels along the justice continuum and aim to address the underlying causes of crimes as well as guide offenders toward healing and recovery while using global, restorative, rehabilitative and traditional approaches.</p> <p>Justice committee intervention include, but not limited to:</p> <ul style="list-style-type: none"> • before crime occurs at supporting people in managing their conflicts, • after crime is committed in a diversion framework suggesting alternatives and culturally relevant solutions and supporting people throughout the process; • during the court process for counselling and guidance • at sentencing stage, recommending rehabilitative and restorative sentences to judges through simple recommendations or Gladue reports; • at parole stage, helping offenders to plan their reintegration based on their needs and issues to increase chances of positive reintegration and reduce reoccurrence of crime; • during correctional sentence (probation or house arrest) at offering guidance and support

The project is divided in three main categories:

1. Developing and Offering tools and ongoing support to people at risks, people that have committed crimes and are at risk of reoffending, people that are facing the court and people that are in detention facilities.
2. Building capacities and competencies of Justice Committee coordinators to provide tools to offenders and victims, to offer counselling, to do Gladue reports, to recommend healing and culturally appropriate sentences to the Court, to assist detainees in planning their rehabilitation and accessing resources.
3. Offering cultural activities and on the land and in the community and counselling to people that have committed crimes and are at risk of reoffending, and/or to people that are at risk.

Project title
CIRQINIQ
Community (list communities) or regional project
Regional
Project Manager
Benjamin Whidden
Name of institution / organization
Kativik Regional Government, Recreation Department
Project summary
CIRQINIQ is a regional social circus program that brings social circus instructors into Nunavik communities to train local youth (13-25 years old) as junior instructors as well as organize workshops with youth and community members. The program provides instructors who have been referred by Cirque du Soleil and trained in “social circus”, which is a technique used internationally to foster the personal and social development of youth-at-risk through circus activities and gives the opportunity for youth to express themselves in socially positive constructive ways. The program encourages youth to make positive lifestyle choices promoting self-esteem and self-confidence. The program also promotes education and employment with the opportunity of being

a junior instructor and by demonstrating to those instructors how training and skills development can lead to other employment and educational opportunities.

Project title
Regional Partnership Committee
Community (list communities) or regional project
Regional
Project Manager
Jennifer Hunter
Name of institution / organization
Makivik Corporation
Project summary
<p>The RPC is composed of representatives duly appointed by Avataq Cultural Institute, Saputiit Youth Association, Nunavik Regional Board of Health and Social Services, Ungava Tulattavik Health Centre, Inuulitsivik Health Centre, Nunalituqait Kajuqatigiitut, Makivik Corporation, Kativik Regional Government (KRG), Elders Association of Nunavik, and Kativik School Board.</p> <p>The RPC was created during an all organizations' meeting in Kuujuaq on August 15 to 17, 2006. All organizations fully committed themselves to support Northern Villages (NVs) to trigger positive</p>

social change, more specifically to assist the NVs in providing a framework and a structure to do the following:

- To develop a common vision for the fourteen (14) NVs throughout Nunavik;
- To set priorities and determine the resources to be funded with the support and contribution of all organizations;
- To ensure that Inuit culture, language, history and core values be the basis for the proposed solutions that are developed with the NVs;
- To implement an action plan which addresses the concerns voiced at the Symposium “Leading the way for our Children” (2005) and the follow-up of recommendations of the Quebec Human Rights Commission Report on Nunavik Youth in 2007.

Project title
Prevention Program with intergration of Cadets
Community (list communities) or regional project
Regional
Project Manager
Pierre Bettez
Name of institution / organization
Kativik Regional Police Force (KRPF)
Project summary
<p>The KRPF Crime Prevention and Cadets Program focuses on crime prevention and public safety with a view to help make Nunavik a safer place. To achieve this objective, the program staff will distribute a large amount of material and perform various education and awareness activities related to crime prevention through its Prevention officers and young Cadets. Presentations on firearm safety, bullying, bike safety and sexual abuse are given.</p> <p>The prevention team will continue to increase its efforts to reduce drug and alcohol abuse in the region. They will work to raise people’s awareness in regards to the harm associated with drug and alcohol abuse and to lower the availability of drug and illegal alcohol and will work closely with the</p>

Saqijuuq Project. The prevention program is also aimed at forming partnerships with other regional organizations to enhance existing services and resources by better coordinating interactions between the organizations to increase the effectiveness of the interventions. Furthermore, the KRPF intelligence officer, a member of the prevention team, will coordinate police activities in support of Inuit inmates transferred to Amos Detention Centre including arranging transport for them to minimize the required travel and detention time before an appearance and thereby improve correctional services for the Inuit.

The program also offers training for Cadets, which aims to teach Inuit youth about policing and endorses policing as a career choice. The number of Inuit employed by KRPF in officer positions is very low. Therefore, the program works with youth to raise awareness about the roles and responsibilities of policing and policing as a career opportunity.

Project title
Nunavik Youth Hockey Development Program (NYHDP)
Community (list communities) or regional project
Regional
Project Manager
François Dorval
Name of institution / organization
Makivik Corporation
Project summary
The Nunavik Youth Hockey Development Program (NYHDP) was established in 2006. The goal of this program is to develop a minor hockey structure at the regional level while using hockey as a vehicle to encourage youth to persevere and to make positive life choices that will enable them to succeed in the future. Over the past eight years, the program has grown to provide opportunities for youth in all youth age categories (Pre-Novice to Midget) and for both genders. This allows youth from ages five to seventeen to participate in an organized hockey program. The NYHDP has set a number of objectives which include crime prevention, encouraging Inuit youth to have a good behaviour, to promote the importance of education, physically activity and healthy lifestyle, and to develop important life skills.

Project title
Prison visits by Nunavik Elders and families
Community (list communities) or regional project
Regional
Project Manager
François Dorval
Name of institution / organization
Makivik Corporation
Project summary
The project consists of five visits by elders from Nunavik to the different detention facilities where Nunavik Inuit are incarcerated in Quebec (e.g. St-Jérôme, Laval, Tanguay, Amos, La Macaza, Port-Cartier). The elders provide culturally adapted counseling, healing, advice and moral support to the Inuit inmates based on their life experience and knowledge. Group sessions as well as one-on-one counseling are provided. The elders also bring country food such as fish and caribou. Another component of the project is to provide family visits.

Project title
Qajaq Network
Community (list communities) or regional project
Regional
Project Manager
Johnny May Jr
Name of institution / organization
Qajaq Network
Project summary
Qajaq Network is based in Kuujuaq and provides individual and group counselling to men and their families who are experiencing trouble in their lives. The organization also provides a free call-in number for communities who do not have counsellors. Qajaq also offers on-the-land excursions in Inukjuak, Puvirnituk and Salluit as an alternative method to counselling. The counsellor based in Salluit conducts prison visits.

Project title

Saqijjuq
Community (list communities) or regional project
Regional
Project Manager
Minnie Grey
Name of institution / organization
Regional Partnership Committee (RPC)
Project summary
<p>In 2013, a “Saqijjuq Nunavik Quebec Coordination Table”, under the responsibility of Québec Minister for Social Services and Youth Protection, and Nunavik Regional Partnership Committee was created with the goal to bring together the main regional and provincial stakeholders who holds an adequate level of authority to favor the implementation of the project. The mandate given to the “Saqijjuq Nunavik Quebec Coordination Table” is to ensure the deployment of Saqijjuq project which proposes a common approach involving all local, regional and governmental partners and aims to identify and implement concrete solutions to reduce the devastating impacts and criminality caused by major social issues facing the region, mainly those related to drug and or alcohol abuse.</p> <p>The main activities of the project include:</p> <ul style="list-style-type: none"> - identify, adapt and disseminate awareness and prevention programs to counter drugs and alcohol abuse and criminality; - mobilize citizens in the fight against drug and alcohol abuse, crime and violence; - create support circles (communities and families) to detect, intervene, refer and support individuals at risk of committing crimes and or individuals in difficulty (prevent reoffending, etc.); - organize, plan and identify funding sources for the establishment of treatment and support centers (detox, rehab and sobering up centre) in Nunavik; - organize, plan and implement Nunavik’s specialized court (tribunal) and improve Nunavik Justice Committees so they are better adapted to Nunavik’s realities, values and needs. - organize, plan, identify funding sources and implement joint intervention teams (police officers and social workers).

Project title
Tasiutigiiit Strengthening Connections Project
Community (list communities) or regional project
Regional
Project Manager
Margaret Butler
Name of institution / organization
Tasiutigiiit Association of Cross-cultural Families of Inuit Children
Project summary
<p>The project targets approximately 100 Inuit children living primarily in non-Inuit foster and adoptive homes in the greater Montreal area, including youth in the Nunavik-run Ulluriaq Centre and in Batshaw Youth and Family Centres facilities such as group homes and reception centres. The goal of Tasiutigiiit is to assist these children and youth to establish and maintain positive connections with their people and culture. The project focuses on increasing self-esteem, providing positive Inuit role models, increasing social support, and promoting participation in traditional and cultural activities.</p> <p>The Strengthening Connections Project will include a regular activities program (such as outdoor activities, craft groups, teen evenings, culture sessions, therapeutic workshops, participation in Inuit and Aboriginal festivals), a weekend Culture Camp, as well as support to adoptive and foster parents to ensure strong cultural identities and to deal with attachment disorders, trauma, fetal alcohol spectrum disorder (FASD), etc.</p>

Project title

Montreal Ivirtivik Centre
Community (list communities) or regional project
Regional
Project Manager
Margaret Gauvin
Name of institution / organization
Kativik Regional Government
Project summary
<p>The Montreal Ivirtivik Centre project is an employability and skills development initiative for Inuit 18 years and older with multiple barriers to employment. Participants in the Ivirtivik project take part in a variety of group activities and collective projects that are designed to help them develop work methods, a sense of team work and organization, and other skills that can prove useful in everyday life and in the workplace. The Ivirtivik project uses an approach that considers all aspects—spiritual, intellectual, physical or emotional—of a person’s life. The participants’ social, economic and cultural environment is taken into consideration every step of the way. See the website for more information: http://ivirtivik.org/en/</p>

Project title

Men Arise Conference IX
Community (list communities) or regional project
Regional
Project Manager
Johnny Oovaut
Name of institution / organization
Northern Village of Quaqlaq
Project summary
The project involves conferences in 3 communities: Inukjuak, Salluit, Kangirsuk that takes place over 4 days in each community. There are 2 speakers (Andrew Koornstra and Noel Kaludjak) and it involves meetings to discuss life issues, discussion of solutions, one on one counselling and talking about personal issues. The goal is to reach men of all ages to help them heal from the root causes of their pain and life problems, as well as help men to become an asset to their community.

Project title
Summer Literacy Camps
Community (list communities) or regional project
Regional

Project Manager
Mélanie Valcin
Name of institution / organization
Kativik School Board
Project summary
<p>This pilot project will bring Summer Literacy Camps to 2 communities served by the Kativik School Board. The camps will run 5 days/week for 4 weeks and will be free of charge for all local children aged 5 to 12. The purpose of the camps is to engage children in enhanced learning opportunities during the summer months and support learning retention so that they return to school in the fall with the skills and confidence to succeed. The camps will provide children with safe, educational activities to fill their days for one month in the summer, while creating valuable employment opportunities for local youth and young adults wherever possible, and contributing to skills development and strengthening the role of youth, Elders and other community members as positive role models. Activities will take place in a central, accessible location and will build literacy and numeracy skills through reading, story-telling, arts and crafts, music, drama and outdoor games. Local Elders and other community members will also be involved as leaders of cultural and traditional activities.</p>

Project title
Qanaq 2015
Community (list communities) or regional project
Regional
Project Manager

Sarah Lisa Kasudluak
Name of institution / organization
Nunalityuqait Ikajuqatigittut
Project summary
Qanaq is a regional conference for youth by youth that was held for the first time in the summer of 2010. Led by an essentially volunteer Steering Committee, Qanaq provides for experiential learning opportunities for youth aged 18-35 to prevent or reduce substance abuse, increase understanding and capacity in the areas of parenting , Inuit history and culture, trauma, mental health awareness, fetal alcohol spectrum disorder (FASD), leadership, drinking and driving, low risk drinking, etc. Workshops and plenary sessions are mainly offered in Inuktitut.

Project title
Leadership & Healthy Living Program
Community (list communities) or regional project
Regional

Project Manager
Emmanuel Morin
Name of Institution / organization
Youth Fusion
Project Summary
<p>Youth Fusion is an award winning, non-profit organization that aims to empower youth, create an engaging school environment, and to reduce absenteeism and school dropout. Youth Fusion has been working with Ungaluk and KSB schools since January 2012.</p> <p>The Leadership and Healthy Living project will be expanded to 2 additional communities: Puvirnituk and Salluit.</p> <p>Project activities include: student council, sports, fitness, healthy cooking, and anti-bullying activities. Youth Fusion is committed to organizing extra-curricular activities for at-risk youth, on a daily basis, throughout the entire school year, in order to contribute to safe and healthy schools and communities.</p>

Project title
Performing Arts Program
Community (list communities) or regional project
Regional
Project Manager

Alanah Heffez & Emmanuel Morin
Name of Institution / organization
Youth Fusion
Project Summary
<p>The Performing Arts program will be expanded to 3 additional communities: Aupaluk, Tasiujaq and Puvirnituk.</p> <p>The performing arts program involves organizing extra-curricular activities for at-risk youth on a daily basis and throughout the entire school year, in order to contribute to safe and healthy schools and communities. The activities include: music lessons (guitar, percussion, vocals, etc); band practices; improv and theatre exercises, circus arts and/or dance, depending on the interests of the students and project coordinator.</p> <p>This project also involves organizing a local talent show in each village, where students have the opportunity to perform on stage and the whole community is invited. In addition, selected students from each community will travel to Salluit in December to participate in workshops with professional musicians, and to perform in Youth Fusion's Regional Youth Talent Show.</p>